



What comes first, trust or safety?

It's always SAFETY FIRST!

For a team to show up as their Greatest Self, the leader must create a safe place for them to land. A place where they are free to take risks, ask unpopular questions, be creative, and put themselves out there without fear of being punished or berated.

Without Psychological Safety, teams protect themselves from their leaders and each other. They put on their armour to stay safe.

Psychological Safety starts with the leader taking off their armour. The leader shows the way and trust begins to build. "They are called leaders because they go first."

Simple but not easy. It requires courage. More than ever, teams need courageous leaders.

Join Shawnee for this 60 minute, interactive workshop and become the glue that holds your team together.

Shawnee is a two-time Olympian as a former Assistant Coach for the Canadian Women's Basketball Team. She has more than 30 years of elite coaching and leadership experience including the Olympic Games, World Championships, FIBA Americas and World University Games. Shawnee holds a Master's Degree in Coaching Studies, and also serves as a Master Learning Facilitator for the National Coaching Certification Program where she trains and mentors both advanced and novice coaches from all sports.