



Do you want to more confidence when you play your sport? Do you want to bravely step up when the game is on the line?

Do you want to try hard things, get uncomfortable, and bounce back quickly from mistakes?

It's time to get out of the Zoo!

The Zoo is safe and cozy, but it inhibits creativity, risk taking and growth. The question is: Why are so many athletes in there?

It's time to pounce in the Jungle!

The Jungle is unsafe and unpredictable, yet it is the only place athletes can become the best version of themselves. The question is: Why are so few athletes in there?

Let me show you the difference between the Zoo and the Jungle. Let me explain why courage is more powerful than confidence.

The magic is in the Jungle. Join Shawnee for this 60 minute, interactive webinar to sharpen your claws and start pouncing!

Shawnee is a two-time Olympic Coach as a former Assistant Coach for the Canadian Women's Basketball Team. She has more than 30 years of elite coaching and leadership experience including the Olympic Games, World Championships, FIBA Americas and World University Games. Shawnee holds a Master's Degree in Coaching Studies, and also serves as a Master Learning Facilitator for the National Coaching Certification Program where she trains and mentors both advanced and novice coaches from all sports.